

# Toxicological Impact of Pentachlorophenol on the Hepatic and Reproductive Activity of the Stinging Catfish *Heteropneustes fossilis*

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## Abstract

Pentachlorophenol (PCP) is an organochlorine compound used widely as a pesticide, disinfectant, and biocide. Its LC<sub>50</sub> was determined, which is 400 µg L<sup>-1</sup> in a bioassay system, and toxicity was evaluated in female *Heteropneustes fossilis* exposed to 1/25<sup>th</sup> (16 µg L<sup>-1</sup>) and 1/10<sup>th</sup> (40 µg L<sup>-1</sup>) LC<sub>50</sub> concentrations for 28 days in previtellogenic and late vitellogenic phases. Behavioural, metabolic and reproductive parameters were evaluated. The exposed fish were put to high stress judging from the significant increase in plasma cortisol and erratic behaviours. The body mass of the liver and ovary decreased significantly. Various histopathological anomalies were noticed in the liver and ovary and were attributed to altered steroid biosynthesis and metabolism judging from increased estradiol-17β and testosterone levels in plasma and their decreased levels in the ovary and liver. The results show that the toxicant can act at different levels to produce behavioural, physiological and pathological changes affecting metabolism and reproduction.

## Introduction

Pentachlorophenol (PCP, CAS:87-86-5), is a typical and worldwide used an organic chlorinated compound for preserving utility poles, railroad, and crossties, and as insecticides, pesticides, and biocides for controlling agricultural and household pests (Copper & Jones, 2008). It's contamination is of critical environmental concern due to toxicity and non-degradation. Its deleterious effects such as developmental toxicity, liver defects, genetic toxicity, and endocrine disrupting activity have been reported in humans, livestock and wildlife health (Morales *et al.*, 2014). In fish species, PCP has been reported to cause DNA damage, endocrine disruption (Zhang, Zhang, Qi, Huang, & Zhang, 2014), impairments of ovaries, follicular atresia, unique gene expression patterns (Sawle, Wit, Whale, & Cossins, 2010), morphological deformities (Cheng, Ekker, &

Chan, 2015), altered activities of antioxidant enzymes, changes in serum testosterone (Zhang *et al.*, 2014), anti-estrogenicity (Zhao *et al.*, 2006), reproductive system damage (Zhang *et al.*, 2014), immunotoxicity (Shelley, Balfry, Ross, & Kennedy, 2009) and gene mutation (Yin, Zhu, Hu, & Zhao, 2009). Endocrine disruption by PCP in fish was monitored in adult zebrafish and rare minnow (*Gobiocypris rarus*) showed elevated plasma thyroxine concentrations and decreased mRNA expression levels of *tshβ* and *trβ* in the brain (Zha, Wang, Wang, & Ingersoll, 2007). In this species, the estrogen receptor (ER) mRNA was up-regulated in males and down-regulated in females, and vitellogenin (Vtg) mRNA induction and serum vtg protein increase was reported in longer exposed (21 days) females (Zhang *et al.*, 2014).

Fish is used widely as a bio-indicator of water pollution due to rapid responses with high sensitivity to changes in their usual physiological functions such as

molecular, biochemical, cellular, hormonal, or behavioural responses (van der Oost, Beyer, & Vermeulen, 2003). In toxicological studies, measurement of hormone levels, histological changes, gonadosomatic index (GSI) and hepatosomatic index (HSI) are often evaluated to determine environmental risks in fish health. The freshwater catfish *Heteropneustes fossilis* is an edible, economically important fish, and is ideal for wastewater aquaculture. To date, the toxicological impact of PCP was meager on this air-breathing catfish. The present study was to assess behavioural and histological alterations in the liver and ovary of *H. fossilis* in two different phases of the reproductive stages (resting and pre-spawning). These alterations were compared with changes in GSI and HSI as well as cortisol, estradiol-17 $\beta$  (E<sub>2</sub>) and testosterone (T) levels. The present study will be useful in understanding the PCP-triggered metabolic and reproductive dysfunctions encountered by freshwater fishes.

## Materials and Methods

### Chemicals

PCP (Crystalline, 99% pure) was purchased from Acros organics (Geel, Belgium). Hormone assays were performed by specific ELISA kits from Dia Metra (Giustozzi, Foligno, PG Italy) for E<sub>2</sub>(REF-DKO003, LOT-4511A) and testosterone (REF-DKO002, LOT-4510A). All other chemicals were of analytical grade and purchased locally.

### Animals and Experimental Design

All experiments were performed by following the guidelines of the Animal Ethics Committee of Banaras Hindu University, Varanasi (F.Sc./IAEC/2016-17/113S), as well as national guidelines for experimentation in animals and all care was taken to prevent cruelty of any kind. In this study, sexually mature adult female catfish *Heteropneustes fossilis* weighing (40-50g) were collected from the local fish market during previtellogenic (resting; January: GSI:1.12%; 10L:14D;18 $\pm$ 2 $^{\circ}$ C) and late-vitellogenic (pre-spawning; May: GSI:4.23%; 13L:11D; 28 $\pm$ 2 $^{\circ}$ C) phases of the annual reproductive cycle. The fish were disinfected with 0.1% KMNO<sub>4</sub> (for three days) and then were acclimatized in 20-L flow-through aquarium tanks under regular photoperiod and ambient temperature for two weeks and were fed daily with minced goat liver *ad libitum* during acclimatization and course of the experiment.

PCP was dissolved in ethanol and then diluted with water to obtain the required concentration. The test concentrations (100-800 ppm) were chosen based on pilot experiments, to determine the LC<sub>50</sub>. The LC<sub>50</sub> was determined according to the arithmetic method of Karber (Dede & Kaglo, 2001). During the toxicity test, the

fish was not fed. The mortality rate was determined at the end of 24, 48, 72 and 96 h. The number of dead fish per group were recorded against the time of their death in a tabular form (Dede & Kaglo, 2001). The data were used to calculate LC<sub>50</sub>.

In each reproductive phase, acclimatized fish (N=10 per group) was maintained in three different tanks of 10-L water capacity. Group 1 was control, group 2 was low dose PCP (16 $\mu$ g L<sup>-1</sup>; 1/25<sup>th</sup> of LC<sub>50</sub>) and group 3 was high dose PCP (40 $\mu$ g L<sup>-1</sup>; 1/10<sup>th</sup> of LC<sub>50</sub>). During the exposure, the mortality and behaviour of the fish were monitored. The behavioural pattern was observed regularly and recorded (Kumari, Singh, Khanna, & Sharma, 1997). The fish were exposed for 28 days. After completion of the experiment, blood was collected by a caudal puncture for hormone assays. Plasma was separated and stored at -20 $^{\circ}$ C till the test. The fish were weighed and sacrificed by decapitation. The liver and ovaries were dissected out, weighed, fixed in Bouin's fluid and stored in 70% alcohol.

The GSI was calculated as 
$$\text{GSI (\%)} = \frac{\text{Weight of the gonad}}{\text{Weight of the fish}} \times 100$$

The HSI was calculated as 
$$\text{HSI (\%)} = \frac{\text{Weight of the liver}}{\text{Weight of the fish}} \times 100$$

The Bouin's fluid tissues were processed for histology. Five  $\mu$ m paraffin sections were stained with hematoxylin and eosin routinely. Micrographs were taken by using a Leica DM LS microscope equipped with a Leica DFC310 FX camera (Leica DM2000 LED, Germany). The histological alterations were described by using a method (Bernet, Schmidt, Meier, Burkhardt-Holm & Wahli, 1999).

Steroid extraction from plasma and tissues were described previously (Chaube, Mishra, & Singh, 2010). E<sub>2</sub>, T, and cortisol (F) levels were estimated by enzyme-linked immunosorbent assays (ELISA), following the manufacturer's instructions (Chaube *et al.*, 2010). Optical density was read at 450nm using iMark<sup>TM</sup> Microplate Absorbance Reader (BioRad, USA) and the concentration was expressed as ng/mL or ng/g. The intra-assay coefficients of variance for E<sub>2</sub>, T, and F were found to be  $\leq$  9.3%,  $\leq$  7%,  $\leq$  8.9%, respectively.

### Statistical Analysis

Data were analyzed through a one-way analysis of variance (ANOVA) followed by post hoc test, Tukey's multiple range test ( $P < 0.05$ ). Data were expressed as mean  $\pm$  standard error mean (SEM) (N=5). All the statistical analyses were performed in SPSS16 software (SPSS Inc., Chicago, IL, USA).

## Results & Discussion

The 96-h LC<sub>50</sub> of PCP for the catfish *H. fossilis* was calculated to be 400  $\mu$ g L<sup>-1</sup> (Farah, Ateeq, Ali, Sabir, & Ahmad, 2004). The fish exposed to PCP exhibited aberrant behaviors like erratic swimming, loss of

equilibrium and direction. The exposed fish moved to the surface more often than the control fish. Mucus was secreted excessively, and feeding decreased with time and dose. Later on, the fish were lethargic. Summary of the different behavioural changes is presented in Table 1. The responses were higher in the pre-spawning phase in comparison to the resting phase. There were highly significant increases in cortisol levels with respect to the concentration and season ( $P < 0.05$ ).

The PCP exposure decreased the HSI (Cont=1.25±0.01; 16µg L<sup>-1</sup>=1.18±0.01; 40µg L<sup>-1</sup>=1.04±0.01-Resting phase; Cont=1.7±0.01; 16µg L<sup>-1</sup>=1.5±0.1; 40µg L<sup>-1</sup>=1.15±0.001-pre-spawning phase  $P < 0.001$ , one-way ANOVA) and GSI (Cont=1.12±0.01; 16µg L<sup>-1</sup>=1.08±0.01; 40µg L<sup>-1</sup>= 0.9±0.1-Resting phase; Cont =4.23±0.01; 16µg L<sup>-1</sup>=3.5±0.1; 40µg L<sup>-1</sup>=3.01±0.01-pre-spawning  $P < 0.001$ ) significantly in a concentration and season-dependent manner. Both the concentrations decreased the values in the pre-spawning phase but only the higher concentration decreased the values in the resting phase ( $P < 0.05$ , Tukey's test).

The fish exposed to low dose (16 µg L<sup>-1</sup>) shifting of the nucleus towards the lateral region, the fusion of cell, fibrosis of blood vessel and degeneration of Kuffer cells (Figure 1). These changes were more conspicuous in the liver of the catfish exposed to the high dose (40 µg L<sup>-1</sup>) with greater leukocyte infiltration into the liver parenchyma especially around blood vessels.

In the resting phase, the ovary was filled with small immature and maturing follicles (Table 2). In comparison to the control, the PCP treatment, caused atretic changes in maturing follicles, degeneration of egg envelope and thinning of the ovarian wall. In the high dose (40 µg L<sup>-1</sup>) group, the number of atretic follicles increased, followed by oolysis and shrinkage of oocytes resulting in large interfollicular spaces.

In the pre-spawning phase, the changes were much more prominent (Table 2). In the low dose (16 µg L<sup>-1</sup>) group, retraction of granulosa cells, increase in inter-

follicular space, increase in atretic follicles, development of intra-follicular space in oocytes, dissolution of oocyte wall and folding of the ovarian wall were observed. In the high dose group (40 µg L<sup>-1</sup>), the changes were greater with changes of the disintegration of granulosa cells, rupture of granulosa layer, vacuolization in the cytoplasm of the vitellogenic oocytes, dissolution of yolk globules, damage to yolk vesicle and clumping of the cytoplasm of maturing oocytes.

The plasma, ovary, and liver estradiol-17β (E<sub>2</sub>) levels showed significant changes in the PCP-exposed fish as compared to the control in the resting ( $P < 0.001$ , one-way ANOVA; Figure 2A) and pre-spawning ( $P < 0.001$ , one-way ANOVA; Figure 2B) phases. There was a significant increase in plasma E<sub>2</sub> level in the 16 and 40 µg L<sup>-1</sup> groups in both the phases ( $P < 0.05$ ; Tukey's test). In the ovary and liver, the E<sub>2</sub> level decreased dose-dependently ( $P < 0.05$ ).

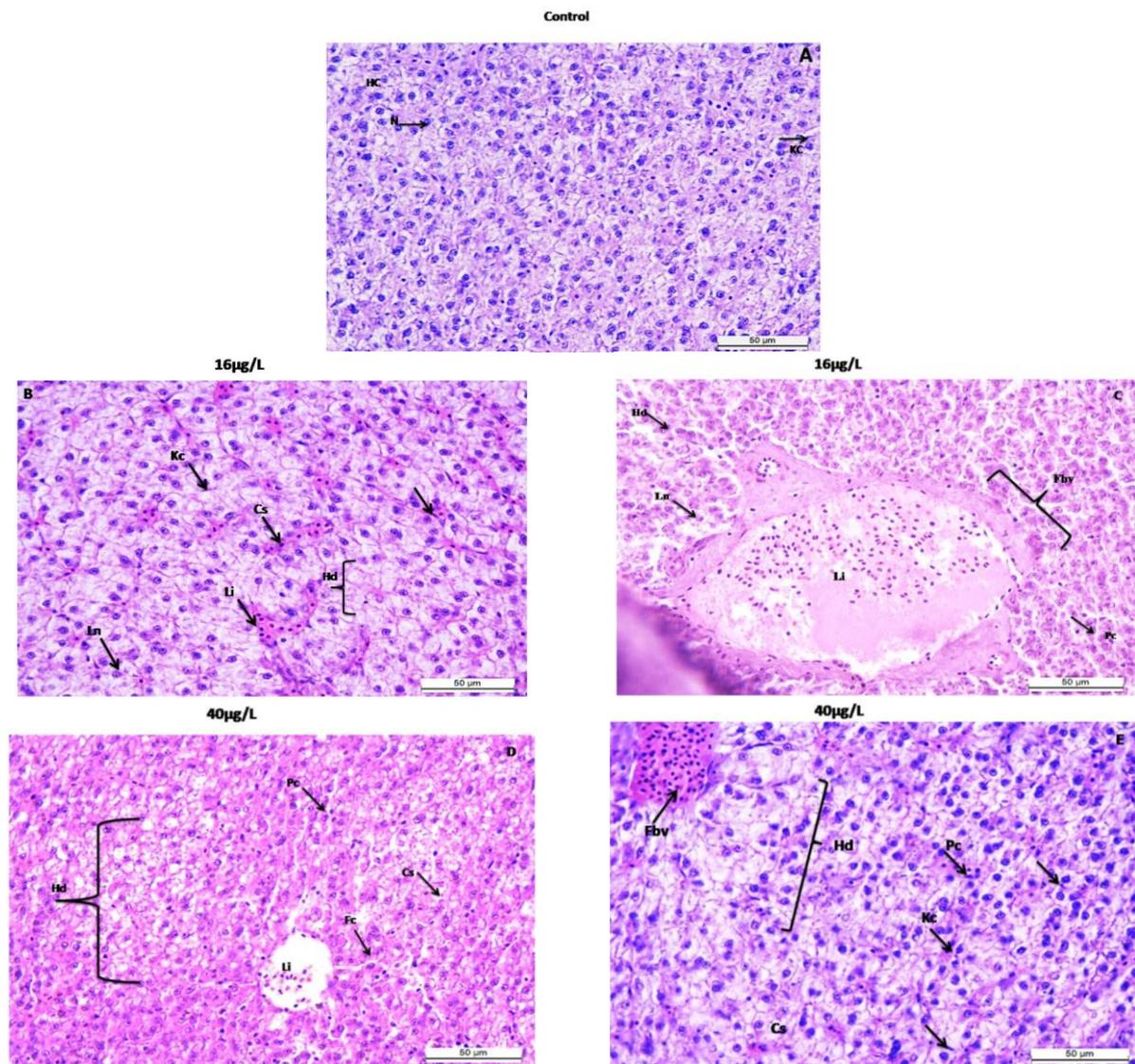
Testosterone (T) levels showed an overall significant effect in the PCP- exposed fish in the resting ( $P < 0.001$ , one-way ANOVA,  $F = 11.08$ ; Figure 3A) and pre-spawning ( $P < 0.001$ , one-way ANOVA,  $F = 17.42$ ; Figure 3B) phases. There was a significant increase in plasma T levels in the 16 and 40 µg L<sup>-1</sup> PCP groups in both phases ( $P < 0.05$ ; Tukey's test). In the pre-spawning phase, the increase was 2-folds in the 16 µg L<sup>-1</sup> group and about 8 times more in the 40 µg L<sup>-1</sup> group. The T level in the ovary and liver decreased dose-dependently ( $P < 0.05$ ).

LC<sub>50</sub> analysis permits to determine the tolerance limit of the species to various xenobiotics. Adult fish show different levels of tolerance to chlorophenols (Ge *et al.*, 2017). When exposed to PCP, small scale yellowfin (*Plagiognathops microlepis*) was found more sensitive than black carp (*Mylopharyngodon piceus*) or cutler fish (*Cutler alburnus*) (Jin, Zha, Xu, Giesy & Wang, 2012). The sensitivity for zebrafish varies between 130-196 µg L<sup>-1</sup> (Yin, Gu, Li, Wang & Zhao, 2006). In our study, the LC<sub>50</sub> value for *H. fossilis* was lower (400 µg mL<sup>-1</sup>) than that (580 µg mL<sup>-1</sup>) (Farah, Ateeq, Ali, Sabir, & Ahmad, 2004).

**Table 1.** Effects of PCP on the behaviour of catfish, *Heteropneustes fossilis* during the resting and pre-spawning phase of the reproductive cycle

Parameters	Control	PCP (16 µg L <sup>-1</sup> )	PCP (40 µg L <sup>-1</sup> )
<b>Resting Phase</b>			
Hyperactivity	-	+	++
Loss of equilibrium	-	-	+
Feeding behaviour	+++	+++	++
Mucus covering	+	+	++
Swimming capacity	+++	+++	++
Plasma Cortisol (ng mL <sup>-1</sup> )	5.65±0.01	16.14±0.05 <sup>a</sup>	35.18±0.02 <sup>b</sup>
<b>Pre-spawning Phase</b>			
Hyperactivity	-	++	+++
Loss of equilibrium	-	+	++
Feeding behavior	+++	++	+
Mucus covering	+	++	+++
Swimming capacity	+++	++	+
Plasma Cortisol (ng mL <sup>-1</sup> )	28.42±0.02	84.36±0.01 <sup>a</sup>	148.17±0.03 <sup>b</sup>

(-) None, (+) mild, (++) moderate, (+++) strong.

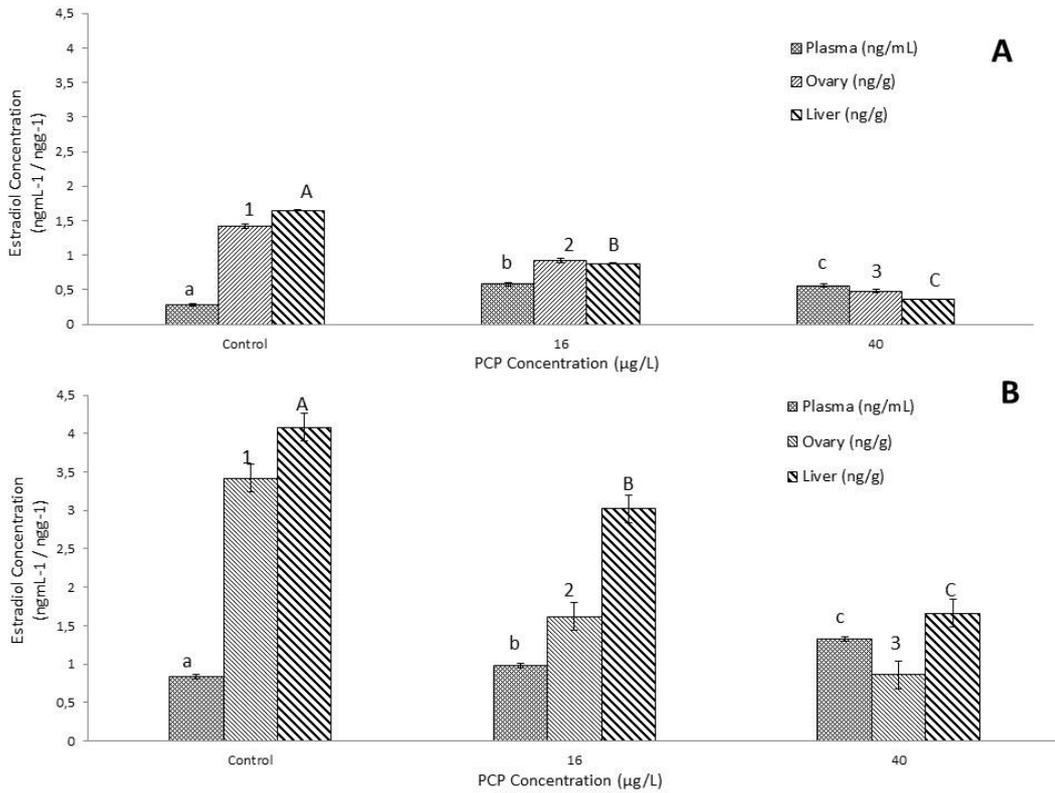


**Figure 1.** Histopathological alterations in the liver of *H. fossilis* (A) Parenchymal architecture of hepatocytes in the control group with centrally placed nuclei, (B and C) Fibrosis in blood vessel, fusion of cell, increase in number of kuffer cell and pycnotic cell, (D and E) leukocyte infiltration into liver parenchyma and especially around blood vessels as well as lateral shifting of the nuclei. Ln-Lateral nuclei, Hd-Hepatocyte degeneration, Kc-Kuffer cell, Cs- Congestion of sinusoids, Pc-Pycnotic cell, Li-Leukocyte infiltration, Fc-Fusion of hepatocyte cell, Fbv-Fibrosis in the blood vessel (HE-40X).

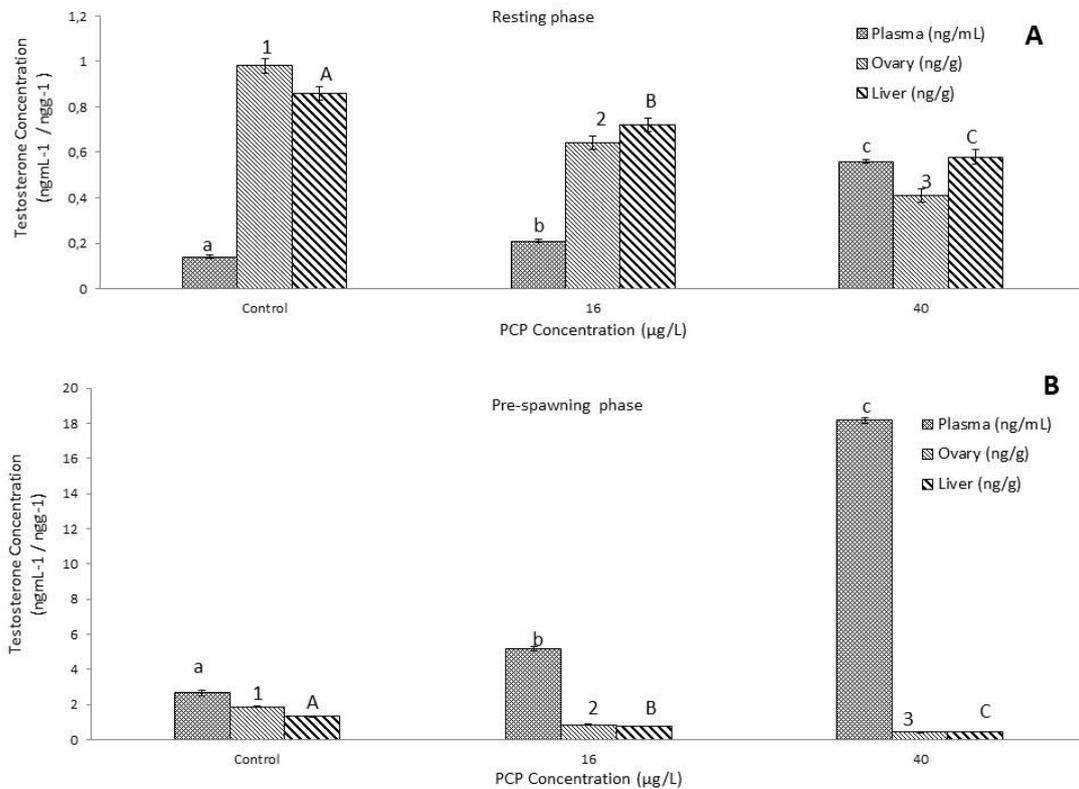
**Table 2.** Effects of PCP on ovary and its follicle development during resting and pre-spawning phases of the reproductive cycle (table generated after visualization of histological images)

Parameters	Control	16µg/L	40µg/L
<b>Resting Phase</b>			
Interfollicular Space	+	++	+++++
Thining of ovarian wall	-	++	++++
Atretic cell	+	++	+++++
<b>Pre-spawning Phase</b>			
Follicular epithelium	Separated	Joined	Fused
Follicular epithelium nuclei	Uninucleated	Binucleated	Multinucleated
Interfollicular Space	+	++	+++
Interfollicular Space	+	++	+++
Yolk granules	Order	Order	Dissoluted

(-) None, (+) mild, (++) moderate, (+++++) strong.



**Figure 2.** Changes in estradiol-17β in the ovary, liver, and plasma after exposure to PCP in resting (A) and pre-spawning (B) phases. Data were expressed as mean ±SEM (n=5). Data were analyzed by one-way ANOVA (P<0.001), followed by Turkey’s test P<0.05). Different letters and numbers denote significant changes from the control (P<0.05).



**Figure 3.** Changes in testosterone levels in the ovary, liver, and plasma after exposure to PCP in resting (A) and pre-spawning (B) phases. Data were expressed as mean ±SEM (n=5). Data were analyzed by one-way ANOVA (P<0.001), followed by Turkey’s test P<0.05). Different letters and numbers denote significant changes from the control (P<0.05).

Farah *et al.* (2004) also reported lower sensitivity for murrel fish (*Channa punctatus*, 770  $\mu\text{g L}^{-1}$ ) and higher sensitivity for walking catfish (*Clarias batrachus*, 640  $\mu\text{g L}^{-1}$ ). The differences in the LC<sub>50</sub> value are influenced by the habit and habitat of the species.

The fish exposed to the sublethal concentrations of PCP elicited abnormal behaviors in the form of erratic swimming and loss of equilibrium. They become lethargic and mucus was secreted excessively. The intensity of mucus release increased with the dose of PCP. The abnormal behavior was more evident in the pre-spawning phase in the high dose group. The behavioural changes were attributed to oxidative stress induced by PCP (Ge *et al.*, 2017). The cortisol data show that the stress endocrine axis was activated and the activation was more severe in the pre-spawning phase. Thus, there appears to be an association between the PCP-induced aberrant behaviors and stress responses.

The PCP exposure of the catfish resulted in a decrease of the GSI, as has been reported in *Oreochromis niloticus*, *Chrysichthys nigrodigitatus* and *Clarias gariepinus* (Hanson, Dodoo, Essumang, Blay, & Yankson, 2007), *Oryzias latipes* and *Gobiocypris rarus* (Zha *et al.*, 2007). The GSI is a marker of gonadal growth and development. For example, exposure of *Gobiocypris rarus* to PCP (5 g L<sup>-1</sup>) for 28 days induced severe degeneration and impairment of ovaries as well as follicular atresia (Zha *et al.*, 2007). The treatment of male *Oryzias latipes* with PCP (20 g L<sup>-1</sup> for 28 days) induced the formation of testis-ova (Zha *et al.*, 2007). Ovarian growth is controlled by steroids secreted under the influence of gonadotropins. The PCP exposure led to an impairment of steroidogenesis in the ovary of the catfish. The ovarian E<sub>2</sub> level decreased significantly in a dose-dependent manner. Likewise, the ovarian level of T also decreased, suggesting that the steroid metabolism was adversely affected proximal to T synthesis.

The liver is the main metabolic organ and the main site for steroid hormone inactivation. The hepatic level of E<sub>2</sub> and T decreased significantly after the PCP exposure. These changes were conspicuous in the pre-spawning phase since steroid production is low in the gonad inactive phase (resting phase). At the same time, plasma levels of the steroids increased, suggesting an impairment of steroid transport from the blood to the liver. There was a high build-up of plasma T in the PCP exposed fish, especially in the high dose group in the pre-spawning phase. This may be due to the increased release of T from the ovary or decreased clearance of T to the liver for inactivation. The decrease in ovarian E<sub>2</sub> levels may be due to inhibited T aromatization. The liver is concerned with the synthesis of the yolk-precursor protein vitellogenin under E<sub>2</sub> stimulation in the pre-spawning phase. The low production of E<sub>2</sub>, its mobilization to the liver and the low level of hepatic E<sub>2</sub> might have led to the decrease in hepatic mass and hence the decreased HSI. Degenerative changes in

hepatocytes, leucocyte infiltration and clogging of blood capillaries (data not shown) also affected liver function. Since estrogens are held to be protective to cells and tissues (Zhang *et al.*, 2014), the low E<sub>2</sub> titer might have accentuated the tissue damage through oxidative stress. The low production of vitellogenin might have adversely affected ovarian growth indirectly. The exposure of the catfish to PCP induced abnormal behaviors and activation of the endocrine stress axis. The exposure led to impairment of biosynthesis and clearance and transport of ovarian E<sub>2</sub> and T, affecting adversely the ovarian-liver functions.

## Conclusion

In this study, PCP act as a potent endocrine disruptor by modulating steroid hormone levels in plasma, ovary, and liver in a concentration and season dependent manner. We also observed changes in behavioural response. The histopathological study further revealed impairment in tissues under PCP exposure.

## Acknowledgements

We declare that we have no conflicts of interest. This work was supported by the UGC-CAS and DST-PURSE schemes to the Department of Zoology (RC). S.S. is grateful to CSIR, New Delhi for the award of a Junior Research Fellowship.

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